

## **Kodokan Goshin Jutsu Clinic**

Topic: We will cover all of the Kodokan Goshin Jutsu which is Judo's "newer" form of self defense.

Clinician: Ken Durand – Shichidan - National Kata Grand Champion  
Certified "A" level (National) in numerous kata

Host: UNH Judo Club  
Jake Freedman - Coach  
[jjfreedman@comcast.net](mailto:jjfreedman@comcast.net)  
(603) 867-1028

When: Sunday, March 22, 2026  
Registration: 1:00pm – 1:15pm  
Clinic: 1:15pm – 4:15pm

Where: UNH Judo Club, UNH  
Hamel Rec Center, Studio 2  
5 Edgewood Road, Durham, NH

Cost: \$20:00

Bring: Judogi, staff (36"), wooden gun, wooden or rubber knife  
No real weapons (including edged weapons or pistol) will be allowed at this clinic.  
We will have extra weapons available.

Sanction: This is a sanctioned clinic and is open to all Judoka registered with USJF and USJA.  
Judoka may join either of these organizations at the clinic. There will be a short term \$10.00  
membership available if desired.

### DIRECTIONS:

#### From Route 95 N/S:

Take exit 4 (on 95 North) or 5 (on 95 South) onto Route 16 North, Spaulding Turnpike. Take exit 6W (Route 4 West) heading toward Concord. After passing the exit for Route 108, there will be a traffic light at Madbury Rd. Take a left onto Madbury Rd, then right onto Edgewood Road. On the corner of Edgewood and Main St is the Whittemore Center/Hamel Rec Center.

#### From Route 101:

Take exit 7 onto Route 125 and head north. Take the first right onto Route 4 East at the traffic circle in Lee. At the traffic light, take a right onto Madbury Rd, then another right onto Edgewood Road. On the corner of Edgewood and Main St. is the Whittemore Center/Hamel Rec Center.

#### From Route 4 East:

Go halfway around the traffic circle in Lee, staying on Route 4 east, then follow directions above for Rt. 101.

#### From Route 4 West:

Follow last part of directions for Route 95

There is free parking available in the Elliott Alumni Lot behind the Rec Center.

For more information, contact Ken Durand at 603-313-8872 or [kdurand603@gmail.com](mailto:kdurand603@gmail.com)